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## The Garden Path

### A Guide to the Top Spring Cleanup Tasks to Enhance Your Landscape

By: Miles Campbell  
Campbell & Ferrara Outdoor Living

Spring is here, and now is the time to think about cleaning up and giving your landscape a fresh look. Leave the doldrums of winter and get ready for the warmer spring months.

At Campbell & Ferrara, our landscape experts enjoy working with homeowners to ensure that their landscape is beautiful. Our team takes pride in transforming and maintaining landscapes. The most important service we provide is creating your dream outdoor environment and being available to help maintain—your landscape for years to come. Cleanup services are available year-round.

Spring cleanup tasks include:

- Cleaning up debris and weeding your beds
- Pruning your trees and shrubs
- Edging your landscape
- Fertilizing your landscape plants, trees, and shrubs
- Mulching for a tidy look and other plant health benefits
- Adding seasonal color to beautify your spring landscape.

#### Cleaning up Debris and Weeding Your Flowerbeds

Mother Nature leaves a mess during the wintertime. Your landscape may have leaves, pinecones, nuts, seed pods, trash, and other debris lying on your property after windy winter weather.

Your landscape plants will be able to wake up



to springtime when all of the debris and trash is cleaned up.

First, remove plant debris, then pull up last year's annuals, and finally add fertilizer to plants as needed.

Now that the weeds have been removed from the garden surface and before new weed germination, we recommend applying Preen Pre-Emergent Granules® for weed prevention. Early spring application will prevent the growth of summer weeds; however, it will not kill existing weeds. For the best success, it should be applied every 9-12 weeks during the growing season.

#### Pruning Your Trees and Shrubs

The best time for our landscape experts to visit your property to prune your shrubs and trees is in late winter or early spring before the leaf buds break, preparing them for spring blossoms and leaves.

## THE GARDEN PATH

### Guide to Spring Cleanup Tasks



Plus, the cold temperatures help control the sap and trees recover quickly from pruning wounds.

Using the correct tool(s), our landscapers selectively trim the following from your trees and shrubs to give them a uniform look while preserving their natural shape:

- Damaged, dead, decaying, or weak branches
- Removing lower tree branches that create a visual obstruction
- Structural pruning on young trees
- Tree suckers and sprouts emerging from the tree
- Thinning or reducing the tree's density to allow more air circulation and sunlight into the crown.

Show off your pruned trees and shrubs this spring and enjoy them into the evening.

#### Edging Your Landscape

Edging creates a distinctive boundary between your lawn and your landscaped areas. Our skilled landscapers will create a natural edge or use hardscape materials, such as pavers, bricks, and natural stones, depending on your taste.

Your landscape designer will work with you to discuss what type of edging you prefer and will convey those details to our skilled landscapers to execute in the field. Our designers can add curves and straight lines to your landscaped areas to create interest and visual appeal.

Edged flowerbeds will keep the mulch in your beds and out of your lawn. Additionally, this barrier protects trees from lawn mowers hitting and scarring the bark during the growing season.

#### Fertilizing Your Landscaped Plants, Trees, and Shrubs

Our horticulturists will recommend timely application of the appropriate fertilizers for your trees, shrubs, and plants in the landscape. Fertilizer helps replenish any lost nutrients over the winter and boost brighter blossoms in the spring.

Since most woody plants begin new growth early in the spring, fertilizer helps:

- Stimulate new growth
- Roots go deep in the ground to find water sources during drought
- Ensure your trees and shrubs are healthy and can fight off pests and diseases
- Mulching for a Tidy Look and Other Plant Health Benefits

Mulch does more than make your flowerbeds and landscaped areas look tidy. Indeed, mulch provides many benefits to plants, trees, and shrubs:

- Prevents frost heave
- Regulates soil temperatures
- Insulates plant roots to keep them cool in the summer and warm in the winter
- Holds in moisture
- Reduces weeds
- Adds nutrients as it breaks down.

Our landscape designers recommend natural mulch because it'll provide more nutrition as it breaks down in the soil. Three recommended mulches are hardwood chips or bark, hardwood shredded and Pine straw and pine needles. Don't go overboard with the mulch as it is important for water to still penetrate to the plant roots as well as air needs to circulate.



## Garden Gate Plant Shop Saturday, May 20—Spring Garden Day

### Adding Seasonal Color to Beautify Your Spring Landscape

Make your landscape pop with color. Adding seasonal color provides interest to the landscape. Our landscape designers/horticulturists listen to understand and deliver your landscape vision. Plants will be recommended that will thrive in the specific landscape conditions. Every landscape is unique and choosing the correct plants in your landscape design is critical for success.

Below are a few colorful flowering plants that our horticulturists recommend for your property:

Serviceberry trees (*Amelanchier arborea/A. canadensis*) for year-round interest, starting in spring with white blossoms, yellow to red leaves in the fall, and smooth gray bark and purple fruit in the winter.

Pinxterbloom azaleas (*Rhododendron periclymenoides* – Pinxterbloom Azalea) work well in shady landscapes and areas with moist, well-drained soil. Hummingbirds and other pollinators love this flowering shrub’s pink blooms.

Flowering perennials include:

Moss phlox (*Phlox subulata*) – This beautiful groundcover has rose, pink, or white flowers that bloom from April through May. The leaves mimic the look of moss.

Creeping phlox (*Phlox stolonifera*) – Another beautiful groundcover blooms in various colors between March and April. This groundcover does well in rock gardens and retaining walls.

Eastern columbine (*Aquilegia canadensis*) – This perennial has showy red, pink, and yellow bell-like blooms and grows in bunches. Eastern Columbine does well in shaded areas, blooming from April through May.

Virginia bluebells (*Mertensia virginiana*) – Virginia bluebells’ unique blue set in dark purplish-green foliage creates a magical picture along your property’s wetlands or in your wooded landscape. Truly awe-inspiring.

Common annuals to brighten borders, walkways, and retaining walls – Traditional annuals, including begonias, geraniums, impatiens, and petunias, keep flowering from spring through fall and work well in baskets, garden beds, and with hardscapes.

Contact Campbell and Ferrara if you’re ready to consult with our landscape designers for your spring landscape project. Call 703-705-7892 or see [www.campbellferrara.com](http://www.campbellferrara.com)



The plant shop typically carries plants particularly suited to conditions in Virginia, including sun and shade-loving perennials, shrubs, trees, alpine, waterwise varieties, herbs, conifers, and more.

The Garden Gate Plant Shop is located next to the Visitor Center, please inquire at the visitor desk if you are not sure where to find it.

4603 Green Spring Road, Alexandria, VA 22312  
703.642.5173 (entrance across from Pinecrest Golf Course on Braddock Road)  
[www.fairfaxcounty.gov/parks/green-spring](http://www.fairfaxcounty.gov/parks/green-spring)

### Garden Gate Plant Shop hours

April through mid-October  
Mon-Sat 9am-4pm, Sun 12 noon-4pm

## Saturday, May 18—Spring Garden Day The Big Plant Sale:

9 a.m. to 3 p.m. (All ages) Local garden vendors descend on Green Spring Gardens with beautiful and unusual plants to fill your spring gardening needs. Growers and Extension Master Gardeners will be on hand to help with plant selection and offer gardening advice. Proceeds help to support the gardens. For more information, call Green Spring Gardens at 703-642-5173. You may wish to roll along your little red wagon for easier transport of purchases to your car.

The **Garden Gate Plant Shop** will be open too, where you can find plants particularly suited to local growing conditions and where FROGS members receive a 10% discount.

The **FROGS Bake Sale** will be there serving up home-baked goods and treats!



# Insurance Insights

## Does a Corporation Need Business Insurance?

Virginia Kinneman  
Kinneman Insurance



One Nationwide Plaza

You may have heard that corporations protect you from business liability. But does that mean you don't need insurance? Not if you don't want to lose your business. A corporation may protect you from personal liability, but the corporation itself can still be sued.

### Why Do Lawyers Say a Corporation Can Protect You from Liability?

A corporation protects you from personal liability for business debts. What this means is that if someone sues your corporation or if your corporation can't pay back a loan, the plaintiff or creditor can only take what's inside of the corporation. They can't take

your house, your retirement savings, or any other personal property.

Your corporation can still be sued, and you may still need to go

to court to defend it. If your corporation loses, you may have to pay the judgment by using the savings in your business bank account, selling business assets, or giving up real property owned by the corporation. If there is nothing left or you don't have enough cash to continue operations, you may have to go out of business.

### Can't You Just Make a New Corporation?

It may be possible to close your original corporation and start over under a new name, but doing this isn't easy. The law is designed so that you repay your debts whenever possible. A judge may decide to pierce the corporate veil and say that your actions weren't really under the original corporation and enter a judgment against either you personally or your new business. If you try to transfer assets to a new corporation — anything from tools to intangible assets like goodwill — a judge may decide it's a continuation of the original business and enforce a judgment against its future income. In short, you shouldn't view operating under a corporation as a get-out-of-jail-free card.

### How Does Business Insurance Protect a Corporation?

Business insurance works similarly to personal insurance, except it pays on behalf of the corporation instead of an individual. If someone is injured at your business or your employee covers property damage, your business insurance company will handle the resulting claim. Just like with personal insurance, you can, and probably want to, purchase different types of coverage such as commercial auto insurance, general liability insurance, property insurance, and workers' compensation coverage. This will keep any claims against your business from slowing your operations or even putting you out of business.

KINNEMAN INSURANCE  
50 S Pickett St No. 20-A  
Alexandria, VA 22304  
703-823-8800 . [www.kinnemaninsurance.com](http://www.kinnemaninsurance.com)

# 2024 EILEEN GARNETT CIVIC SPACE EVENTS

### EVENT HIGHLIGHTS:

- APRIL 27TH - EARTH DAY CELEBRATION
- MAY 25TH - ASIAN HERITAGE MONTH
- JUNE 29TH - FITNESS AND HEALTH
- JULY 13TH - FOOD AND MOVIE NIGHT

- JULY 27TH - DOG DAYS OF SUMMER
- AUGUST 17TH - ART APPRECIATION MONTH
- SEPTEMBER 21ST - TASTE OF ANNANDALE
- OCTOBER 19TH - FALL FESTIVAL
- NOVEMBER/DECEMBER - WINTER CELEBRATION

### FREE ENTRY!

MORE INFORMATION/MAS INFORMACCION:  
[www.fcrevite.org](http://www.fcrevite.org) • [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks)  
[jenee.padmore@fairfaxcounty.gov](mailto:jenee.padmore@fairfaxcounty.gov)





# Annandale REAL ESTATE

## It's Time for Spring Home Maintenance

By: Pat Sawhney, ReMax 100



#8, have a roofer check your roof if it is older, to include looking inside your attic

#9, have your HVAC inspected prior to air conditioning season; good to have an annual contract with a reputable company

#10, You may use this as a checklist! Call me for any suggestions and names of contractors. I have 48 years of experience and "have seen it all!"

**Pat Sawhney. ReMax 100**  
 5501 Backlick Rd, Suite 100  
 Springfield, VA 22151  
 703.658.4729 . [patsawhney42@gmail.com](mailto:patsawhney42@gmail.com)

There are a few important tasks to keep in mind.

#1, keep your HVAC filters changed periodically. If not, your system is not efficient and may not even work properly. There's the extra electric cost and fee to a repairman.



#2, have your Dryer Duct-work professionally cleaned. Again, save on efficiency and repair costs and avoid a potential fire. Don't be "penny wise and pound foolish!" See photo of blocked duct.

#3, check the drainage away from your downspouts to prevent flooding; have your gutters and downspouts cleaned. Take a walk around the outside of your house while it is raining.

#4, mulch your landscaping after cleaning up winter debris.



#5, check for caulking deterioration around windows and doors. Warmer weather will be here soon to recaulk and paint.

#6, check trees to see if dead wood needs removal; trim back bushes too close to your house.

#7, power wash siding; I notice stains and mold on the north side of many houses

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Executive Director – VA

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# VIEW ON NATURE

## Let Us Prey

By: Stephen L. Wendt



*Adult female Carolina mantis*



*"Tenodera sinensis" Chinese mantis*  
Luc Viatour / <https://Lucnix.be>

Mother Nature must have been very fond of insects when creating Virginia because there are more than 20,000 species of bugs and bug-like creatures living across the Old Dominion. And of all of those, about 10 percent or 2,100 species are deemed beneficial bugs. And in my book, the king of the beneficial insects is the praying mantis.

The Praying mantis is a strong, patient hunter. It can wait motionless for long periods of time until a clueless victim wanders within reach. And within reach is the name of the mantis game. Careful observation reveals that the mantis lies in wait until it can reach out and imperceptibly touch its prey with both of its long, super-thin antennae; the *moment* it touches with both, the mantis quick-as-lightning strikes to grasp its prey in both spiked forearms. Once in hold, the otherworldly mantis mechanically devours its prey with its strong jaws. To us, they are harmless, do not sting, and have no venom.

The completely carnivorous mantis is the ultimate patient predator with its camouflage appearance and sole, unique ability to swivel its head at extreme angles while using its excellent binocular vision to hone in on victims. Adding to its invincibility is a defensive hearing adaptation in the middle of its thorax. This auditory organ evolved to detect bat echolocation waves, its main predator, enables flying mantises to respond evasively. So, when you see a mantis on a night flight suddenly dive downward, he's proactively avoiding an incoming bat like a fighter pilot.

Mantises are infamous for their cannibalism, especially the female's habit of decapitating her much smaller suitor after (or even before) mating, and then entirely consuming him after-

wards. I've seen a large female mantis completely consume two males within her reach in a matter of five minutes!

Praying mantises' enormous appetites, tendency to stay put/not wander, and highly effective hunting methods make them a recognized Earth-friendly alternative to chemical insecticides. You name, it, they will eat just about any insect, from grasshoppers and beetles to caterpillars, flies, and other large and small insect pests. As such, their egg masses are sold at some garden stores for seeding gardens with these beneficial hunters. Given their cannibalistic ways, they also control their own numbers.

There are three species of mantises in Virginia – the Chinese, European, and Carolina mantises. The European and Chinese are larger (4 to 5 inches long) and considered invasive and less desired species because they're not native and eat beneficial insects like butterflies and bees. You can easily identify the Carolina mantis because it is three inches in length and can range in color from green to dusky brown to grey.

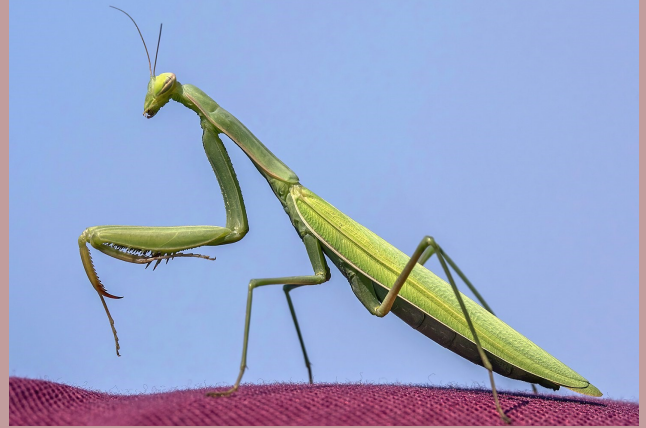
I've always been fascinated by praying mantises being the ultimate predator with such excellent vision. I always remember how a large female I kept as a pet in an aquarium would cock its head at me from across the room when I would get up from my chair. Let's just be glad they are not six feet long.



Mother Nature must have been very fond of insects when creating Virginia because there are more than 20,000 species of bugs and bug-like creatures living across the Old Dominion.



*Adult female Iris oratoria performs a bluffing threat display, rearing back with the forelegs and wings spread and mouth opened.  
Creative Commons Attribution-Share Alike 3.0 Unported*



*European praying mantis (Mantis religiosa) green female*

## FOUR SPECTACULAR GARDENS TO VISIT IN FAIRFAX COUNT

Deena Imbriglia, Home Instead Senior Care

**MEADOWLARK BOTANICAL GARDENS** – located in Vienna with paths and walkways for easy strolling and relaxing. This features three lakes, neatly tended forest gardens and the iconic Korean Bell Garden.

**GREEN SPRING GARDENS** – located in our own Annandale area, Green Spring is a year-round, must-visit park. It’s an outdoor classroom, a museum, and a national historic site where you can enjoy a scheduled afternoon tea in the historic mansion.

**RIVER FARM** – An historic 25-acre site on the banks of the Potomac River, this was a part of George Washington’s original five farms. Make sure to visit the Japanese gardens along with native wildflowers and wildlife.



**THE GARDENS OF MOUNT VERNON** – Enjoy the unspoiled River views and the four distinct gardens here, ranging from the Upper “formal” guest garden to the Lower “kitchen” garden where they were able to grow year-round fruits and vegetables for the household.

*River Farm, permanent home to the American Horticultural Society headquarters, is a landscape located at 7931 East Boulevard Drive, Alexandria, Virginia. The estate takes its name from a larger plot of land which formed an outlying part of George Washington’s Mount Vernon estate.*

*Creative Commons Attribution 2.0 Generic license.*

# THE POLICE BEAT

## Top Ten Home Security Tips

Fairfax County Police Department



Our homes are our safe havens, and FCPD is ensuring that our community members are equipped with the necessary information and tools to protect this space for ourselves and loved ones. Home burglaries can be a distressing experience, but with some precautionary measures, you can significantly reduce the risk.

### 1. Secure Entry Points

**Strong Doors and Windows:** Ensure all exterior doors are made of solid materials and equipped with sturdy deadbolt locks. Reinforce windows with laminated glass or install security film to make them more resistant to break-ins.

**Quality Locks:** Invest in high-quality locks for doors and windows. Deadbolt locks with at least a one-inch throw are recommended for exterior doors.

**Sliding Doors:** Place a metal rod or a dowel (Charley bar) in the track of sliding glass doors to prevent them from being forced open.

### 2. Adequate Lighting

**Exterior Lighting:** Install motion-activated lights around the perimeter of your home, especially near entry points. A well-lit property serves as a deterrent to potential burglars.

**Timers:** Use timers for interior lights, radios, or TVs to give the appearance that someone is home, even when you're away.

### 3. Landscaping

**Trim Shrubs and Trees:** Keep vegetation around doors and windows trimmed to eliminate hiding spots for burglars.

**Visible Address Numbers:** Ensure that your house number is clearly visible from the street, making it easier for emergency responders to locate your home quickly.

### 4. Neighborhood Watch

**Community Awareness:** Establish or participate in a neighborhood watch program. Encourage residents to look out for each other and report suspicious activity to the police.

**Communication:** Share information with neighbors about any recent incidents or security concerns, fostering a strong sense of community.

### 5. Home Security Systems

**Install Alarms:** Consider installing a professionally monitored home security system. Visible alarms and signs act as powerful deterrents.

**Smart Technology:** Explore the use of smart home security devices, such as doorbell cameras and surveillance systems that allow remote monitoring. Remember to monitor any alarm notifications, especially when you are not home.

### 6. Social Media Caution

**Refrain from Broadcasting Travel Plans:** Avoid announcing your travel plans or vacations on social media. This information can be exploited by burglars looking for empty homes.

**Privacy Settings:** Review and adjust your privacy settings on social media platforms to limit the information accessible to the public.



# THE POLICE BEAT

## Strategic Safety Tips for Business Owners

### 7. Extended Absence

**Trusted Family Member or Friend:** If you plan to be away for an extended period, consider having a trusted family member or friend check on your home occasionally.

**Mail and Packages:** Ask a trusted family member or friend to collect any mail or packages and secure them inside the home until you return.

### Safety Tips for Business Owners

**Invest in surveillance systems:** Install high-quality surveillance cameras inside and outside your shop. Visible cameras act as a deterrent and provide crucial evidence in case of an incident.

**Enhance lighting:** Ensure that the area around your shop is well lit, especially during non-business hours. Adequate lighting can discourage criminal activity.

**Implement alarm systems:** Install a reliable alarm system that triggers law enforcement response in case of a break-in. Display signs indicating the presence of an alarm system.

**Secure entry points:** Assess the security of doors and windows. Reinforce entry points with strong locks and consider shatter-resistant glass to deter forced entry.

**Community collaboration:** Establish a network with neighboring businesses. Share information about suspicious activities and work collectively to enhance overall security. If you see anything that is suspicious, please call 911.

**Create a safe cash handling procedure:** Establish a secure cash-handling protocol to minimize the risk of theft. Train employees on safe practices and consider using drop safes or cash management systems.

**Maintain well-defined emergency procedures:** Develop and regularly review emergency procedures for your business. Ensure that employees are trained on evacuation plans, emergency exits, and procedures for various potential scenarios.

**Inventory management and audits:** Conduct regular inventory audits to track and account for merchandise. Implement security measures to deter theft and monitor inventory movement.

**Employee vigilance training:** Train employees to stay vigilant and report any suspicious activity promptly. Encourage open communication and establish a reporting system for potential security concerns within the workplace.

By implementing these practical tips, you contribute to the overall safety of our community. Remember, an informed and vigilant community is our greatest asset in preventing crime. If you observe any suspicious activity or have concerns, please don't hesitate to contact the Fairfax County Police non-emergency line at 703-691-2131. In case of an emergency, dial 911 immediately.

Join us on Neighbors by Ring. A place where you can connect with your neighbors, see what's happening in your neighborhood, and share any available surveillance footage with our department

In an ongoing effort to enhance the safety of local business establishments, the Fairfax County Police Department is excited to share strategic safety tips designed to empower business owners in safeguarding their premises. The goal is to provide valuable insights and proactive measures that will contribute to a secure and thriving business environment.



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Sat: 9:00 a.m. - 3:00 p.m.

## Support Local Small Business

### Keep Our Community Going



Patient First Annandale has opened on the corner of Little River Turnpike and John Marr Drive. This beautiful new facility can offer you sports medicals and school exams along with primary care and emergency care.

Patient First provides urgent health care on a non-appointment basis. Walk in to see a physician and walk out with a whole new view of health care. They also offer lab testing, prescription drugs and routine immunizations all on-site.

For those without a regular physician, Patient First also offers primary care and participates with all major health insurance plans. Go to their website to view a list of insurance plans they accept in Virginia.

[www.patientfirst.com](http://www.patientfirst.com)



So you're ready to prioritize your wellness? That's fantastic! Now, you just have to choose a community where you'll thrive. For some, a big gym with blaring music is the motivation they need, but for the rest of us? A more approachable place is preferred.

**Welcome to Connection Wellness Center!** We offer a low-key yet highly effective approach to wellness. Choose to work with a personal trainer in person *or* virtually & on your own *or* with a group. In other words, however, and wherever you're most comfortable—we'll meet you there. At Connection Wellness Center, we customize workout plans for your lifestyle that are *practical, purposeful AND productive.*

At Connection, personal training is available, along with small group training and online 30 minute fit classes. See our website for more details. [www.connectionwellnesscenter.com](http://www.connectionwellnesscenter.com)



# Patient First®



**Connection Wellness Center**  
4113 John Marr Drive,  
Annandale, VA 22003  
703-951-7111  
[connectionwellnessbusiness@gmail.com](mailto:connectionwellnessbusiness@gmail.com)



# Message from Chamber Members

We are here to serve you.



## WE’ER HERE TO SERVE YOU!

Silverado is a Tex-Mex & American classics with a south-of-the-border twist served in a family-friendly setting. We are offering curbside pickup & delivery with beer & wine available to go with your order.. Place your order online at SilveradoVa.com or on the GAR app. They also offer outside dining. Call for hours.

Our festive interior dining room is fully open as well so plan your gatherings and business lunches once again.

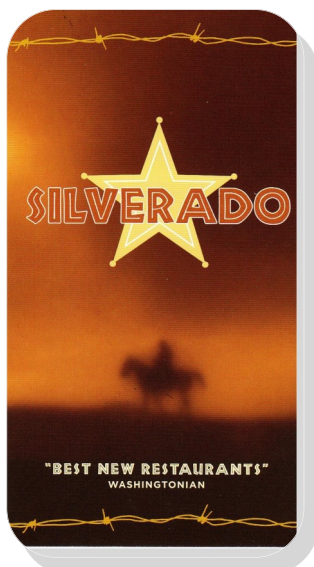
7052 Columbia Pike  
Annandale, VA 22003 (in the Annandale Shopping Center)  
(703) 354-4560 . [www.silveradova.com](http://www.silveradova.com)

## LAMBROS GOLDSMITH

Lambros Goldsmiths is a family owned and operated, full service Fine Jewelry retailer. Nestled here in Annandale since 1987 is their Flagship Store offering uniquely hand-crafted Fine Jewelry at competitive prices.

Precious stones from around the world are hand selected by award-winning, Master Goldsmith Lambros Magiafas, and then set into custom made settings that are designed by Lambros himself who is an artist and a goldsmith unlike any other jeweler today. Inspired by the ancient designs of his native Greece as well as uniquely modern designs, Lambros creates exquisite jewelry with a tasteful touch. Hand crafted and self-designed, no piece is ever created exactly the same, adding personality and charm to each artistic and matchless piece.

7137 Little River Turnpike, Annandale  
(703) 354-1038 . [www.lambrosgoldsmith.com](http://www.lambrosgoldsmith.com)





# EARLY BASEBALL IN ANNANDALE

The Annandale Dreadnaughts & the Beginning of the Annandale Little League

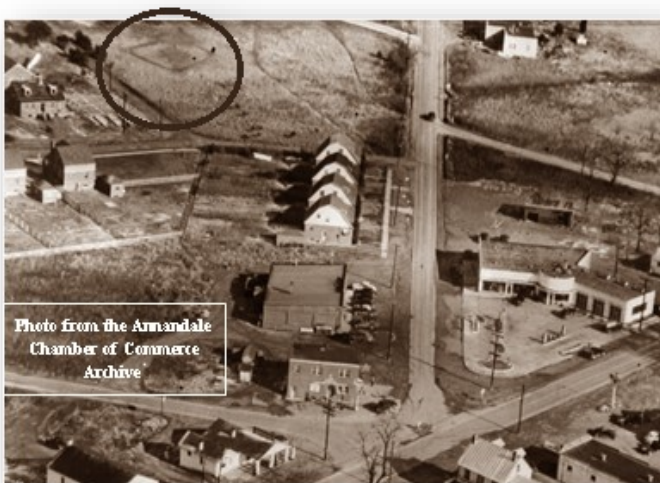


*The Annandale Dreadnaughts late 1940's (Photos courtesy of ACC Photographic Archive, with all rights for use reserved.)*

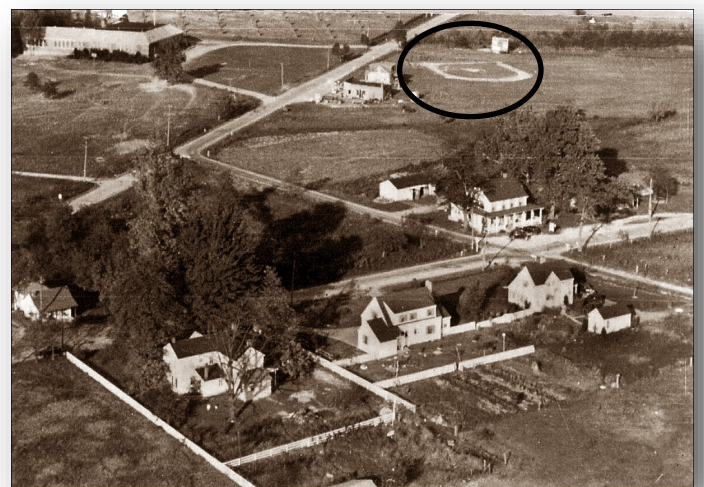
The Annandale Dreadnaughts, founded in 1940, played teams from around the Northern Virginia region, attracting a loyal crowd of fans. When hosting a game in Annandale, fans brought blankets and folding chairs along with picnic gear for a full afternoon of entertainment. A field was established off Daniels Ave. close to the site of what would become the school & Little League field behind the Annandale Elementary School. The team would "pass the hat" after each game to help

pay for uniforms and equipment. Many of these players went onto coach Annandale Little League Teams when the Annandale Little League was formed in the mid 1950's.

In the late 1950's Annandale formed a Little League bringing the National sport and enjoyment to the boys and families in our community. Much later, it joined with neighboring teams to form the Mason District Little League which brings today the



*Baseball field behind what would soon become the original Safeway Grocery Store across from Cannon Park (photo c. 1946-1948)  
Photos are part of the Annandale Chamber's photographic archive and not available for reprint or use.*



*Baseball field in what is now the Giant Food Parking Lot. Originally used by the Annandale Dreadnaughts Adult Team, the Little League initially used this field while other fields were being sourced and developed up until Giant Food was built in the early 1960's. (photo c. 1930's)*



# Time to Sponsor the Mason District Little League



*Pitcher for Suburban Savings & Loan, Doug Wendt  
Championship Game at Smith Field where Pinecrest Shopping Center now stands.*



*Current Mason District Little League*

same spirit of teamwork, comradeship and sportsmanship to the next generation while providing them with a formative athletic experience.

How did the Annandale Little League start? First a trip to Williamsport, PA to consult with the National Little League including a lengthy seminar about starting a Little League. Back in Annandale, a committee was formed including many former Dreadnaught players. A few fields were available but more would be necessary to form a larger league. Fundraising ensued to purchase bases, balls, bats and umpire equipment. More funds were eventually raised to build dugouts and backstops, but for the early days, a few parents would drag along their picnic benches.

These exhaustive early efforts were made by a group of father, most all WWII / Korean War Veterans who wanted their sons to experience the “National Sport” here in rural-turning-suburban Annandale.

### Teams in the Early Seasons of the Annandale Little League

1. Suburban Savings and Loan
2. Annandale Sports and Hobby
3. Deavers Appliance
4. Turnpike Press
5. Smith’s Center (Service Station)
6. Annandale Hardware
7. Bill’s Café
8. Roy’s Grill
9. Star Supply

One game played at the Woodburn School field between Subur-

ban Savings and Bill’s Café ended with the highest run score discrepancy remembered. Suburban Savings 52 / Bill’s Café 2

The Mason District Little League is currently seeking sponsorship from Annandale businesses and organizations. Donations and Sponsorships are used to help keep the league operating by helping to buy equipment, making field improvements, covering scholarships to help families afford to have their kids play in the league, and more!

Mason District Little League is completely run by volunteers. Show your support for the volunteers and families by sponsoring the league and show your brand to the community. Great benefits and visibility for your banner.

### MASON DISTRICT LITTLE LEAGUE

4270 John Marr Drive  
Annandale, Va 22003  
571-544-6355  
[www.mdll.org](http://www.mdll.org)



# Paint It, Fairfax

## Calling for Artists



2023, the Community Revitalization Section received Board approval and funding to establish a pilot mural program, entitled Paint it, Fairfax! This is the county's first mural program and is limited to the Commercial Revitalization Districts and Areas (CRDs/CRAs). The purpose of the Paint it, Fairfax! program is to engage the community to showcase its unique assets and build vitality in the CRDs/CRAs through creative placemaking efforts.

Murals as a placemaking tool assist in shaping the physical and social character of an area. For purposes of this program, a mural is defined as a painting or work executed directly onto an exterior surface accessible to the public without a commercial message. The best murals can nurture the distinctive qualities of a community or place and can serve to celebrate community members or local establishments, while also being inviting to visitors.

Paint it, Fairfax! will inspire a commitment to public art that builds on Fairfax County's Strategic Plan goal of fostering an equitable community through its support of community arts and culture. The goals of the program are to:

- Improve the physical environments within the CRDs/CRAs
- Facilitate and compliment placemaking goals for the CRDs and CRAs
- Create positive change within our community, utilizing art and community engagement
- Develop new opportunities for social connections
- Develop programming at murals sites
- Celebrate the unique assets, history, and character of our CRDs/CRAs
- Align with the identity and place vision of each area

Help improve the attractiveness and economic competitiveness of our older commercial districts

The Paint It, Fairfax! Murals program is open to established professional artists living in the Mid-Atlantic region. Artists residing in the DC Metropolitan Area and particularly in Fairfax County are encouraged to apply. All applicants must be at least 18 years of age. If submitting as a team, a professional artist must be the lead team member.

All interested artists should review the program guidelines and then complete a "Call for Artist" application in order to be included in program database. Artists will be notified whether their application has been selected.

For details and applications: [www.fcrevite.org](http://www.fcrevite.org)





# The Golden Years

## Healthy Eating for Older Adults

By: Deena Imbriglia  
Home Instead Senior Care



As we get older, it's important to eat well. Changes in your body result in lower energy and caloric requirements. It is, therefore, important to reduce portion sizes if activity is low, and to cut down on sugary snacks. Here are some of the best selections of foods from a variety of food groups.

What to Eat? No single food provides all the nutrients you need. It is important to have a wide variety of foods from the following food groups.

Fruits & Vegetables; Potatoes, breads, rice & pasta; Cereals; Dairy (or alternative products); Beans, peas & lentils; Fish, eggs and other proteins; Oils & spreads.

“Superfoods” are minimally processed foods that are nutrient dense and usually contain healthy fats, vitamins, minerals, antioxidants and other compounds found to promote good health and prevent illness and disease. Here are some of the best ones to include in your daily diet.

Dark leafy greens (Kale & Spinach); Cruciferous vegetables (Broccoli, Cabbage, Brussel Sprouts); Blueberries & Avocados (Help delay cognitive decline and rich in antioxidants; Nuts & Seeds (Chia, Hemp & Flax seeds are rich in Omega-3 fatty acids and fibers which fight inflammation; Eggs (High in Protein); Fatty fish (Salmon, Herring, Trout & Maceral are great sources of protein; Plain Greed yogurt (high in Protein, calcium & Probiotics to aid digestion and prevent infection.

Older adults are living longer. Making an effort to eat healthy can help you continue to enjoy an active lifestyle well into your 80s and 90s.

Home Instead Senior Care  
7058 Columbia Pike  
Annandale, VA 22003  
703-740-6644 . [www.homeinstead.com](http://www.homeinstead.com)  
(In the Annandale Shopping Center  
at Gallows Road)



# Summer Day Camps in Annandale

Kenwood School & Summer Day Camp  
Est. 1957



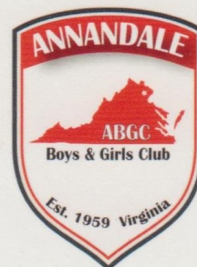
955 Sunset Ln, Annandale, VA 22003  
(703) 256-4712  
[www.kenwoodschool.com](http://www.kenwoodschool.com)  
[admissions@kenwoodschool.com](mailto:admissions@kenwoodschool.com)



## Lee's Hapmudo Martial Arts Studio

7036 Columbia Pike . Annandale, VA 22003  
703-750-3330 . [webmaster@hapmudo.net](mailto:webmaster@hapmudo.net)  
[www.hapmudo.net](http://www.hapmudo.net)

## Annandale Boys' & Girls' Club, Inc. (ABGC)



4216 Annandale Road  
Annandale, VA 22003

Office #: (703) 941-ABGC (2242)

Email: [abgc@abgc.org](mailto:abgc@abgc.org)

[www.abgc.org](http://www.abgc.org)

## Meet the Artisans

Classes Now Offered at Artisans United



Adding color to our lives and tapping into our creativity are great things to focus on. Annandale is a vibrant cultural center, with many performing groups and arts-focused activities. Artisans United has been part of the Annandale community for more than 35 years. During that time the organization has offered a wide variety of handmade crafts by local artists in our gallery as well as hosting a variety of craft demonstrations, classes, and other activities to further our purpose of preserving, promoting, and develop-

ing the arts and crafts.

Since June 2023, AU has offered classes showcasing the various arts and crafts our member artists engage in. Students of all ages have painted a scene of birch trees in sunset on canvas and designs on rocks, carved a spoon from a wood block, learned to weave a decorative basket, learned to use polymer and decorated a pen, created a greeting card with a pop-up rose, and more. Classes currently are scheduled in needle-felting, wood carving and mosaic glass, with more to come.

Most classes are suitable for students from about age 8 and up. A few have older minimum ages for safety reasons. Classes are designed so no experience is necessary and are taught by the multi-talented artists from the Craft Gallery of Artisans United or one of the member craft guilds.

In addition to these classes, Artisans United is working with local community groups to offer classes for youth and families in the area.

To learn more or sign up for a class, contact Artisans United at 703-941-0202 or visit the Craft Gallery at 4022 Hummer Road, Annandale (in the Fred M. Packard Center, in the Annandale Community Park). The Craft Gallery is open 10-4 Tuesday through Saturday and 1-4 on Sundays; closed on Mondays



## Kids Coloring Event

Artwork Fills the Walls



During the month of February, sweetFrog in Annandale held a coloring extravaganza for children ages 2-6. The resulting artwork has been displayed on the walls for all to enjoy thrilling the kids involved. Who doesn't like to have their work appreciated ?

Recently, sweetFrog opened their back patio facing Gallows Road which has been appropriately named, "The Secret Garden." When planning your next birthday party, after game team treat, or summer camp outing, go to sweetFrog in Annandale where you will be met with friendly service and scrumptious frozen yogurt with over 50 toppings to include, fruit, sauces, nuts and cereals, candy and more.



**sweetFrog Premium Frozen Yogurt**

7002 Columbia Pike at Gallows Rd. in the Annandale Shopping Center

(703) 559-3904

[www.sweetfrog.com/partyinquiry/frozen-yogurt-annandale/35587](http://www.sweetfrog.com/partyinquiry/frozen-yogurt-annandale/35587)



# Chamber Chat:

## News, notices & bulletins posted by Annandale Chamber Members

**The Annandale Shopping Center** is in full bloom and ready to serve the needs of the community. Visit Beanetics, Silverado, Aldi Grocery, Mathnasium, Tiffany's Bakery, Hair Unik, Collector's World, Eden Nails, Hapmudo Martial Arts, Home Instead Senior Care, H&R Block, Enterprise Rent-a-Car, the Annandale Barber Shop, SweetFrog, Annandale Photo, Collector's World, Pupusas Express, Cue Club, Burger King, Express Shoe Repair & Alterations, and Kitchen & Bath Solutions, who are all waiting to serve you. (New stores coming soon to join those listed above.) 7000 Columbia Pike at Gallows Road. [www.annandaleshoppingcenter.com](http://www.annandaleshoppingcenter.com).

**Annandale Boys & Girls Club:** Sign up for email alerts or text "follow annandalebtc" to 40404 on your cell phone for text alerts. Twitter at [twitter.com/#!/AnnandaleBGC](https://twitter.com/#!/AnnandaleBGC). Register for Summer Sports now. Facebook at [www.facebook.com/#!/AnnandaleBGC](https://www.facebook.com/#!/AnnandaleBGC) 703-941-ABGC

**Blue Moon Estate Sales** has landed in NE, Fairfax County. Since 2009 BMES has been helping people and families clear out and sell items in their home that are no longer needed as they make the next transition in life. My name is Joe Rotondo and my wife Diane and I look forward to sharing more about our business. Phone number 571-934-6061 or [drotondo@bluemoonestatesales.com](mailto:drotondo@bluemoonestatesales.com)

**Burke and Herbert Bank:** Stop in to your local Burke & Herbert Bank Branch at 4235 Annandale Road and check out our renovations. It features a new customer greeting station, approachable teller line, and redesigned offices that provide comfort and privacy. Branch Manager James Beeson and his team would love to see you there! Member FDIC

**Connection Wellness Center** prioritize YOU and YOUR HEALTH through our personal training and wellness coaching programs. Start a new approach to fitness in a comfortable and welcoming boutique fitness studio, without the hustle and bustle. 4113- A John Marr Dr. 703-951-7111 . [connectionwellnessbusiness@gmail.com](mailto:connectionwellnessbusiness@gmail.com)

**Demaine Funeral Home** continues to serve Greater Annandale, as we have for over 50 years! Stop in or call and request a free personal planning guide, which allows you to record all of the important information your loved ones will need. Our preplanning specialists are always ready to answer questions. 5308 Backlick Road, Springfield, VA 22151. 703-941-94287) to set up an appointment to discuss how to prepare for the future.

**ENDEAVOR News Magazine:** Advertise in *The ENDEAVOR News Magazine*, Annandale's popular news magazine. Stay in touch with local happenings, learn more about Annandale's history, discover new business enterprises, and celebrate events in Annandale. Current issue available at [www.annandalechamber.com](http://www.annandalechamber.com) For information about advertising rates (discounted to Chamber members) email: [info@annandalechamber.com](mailto:info@annandalechamber.com)

**Green Spring Gardens SAVE THE DATE— Sat, May 18th, for Spring Garden Day and 'The Big Plant Sale'**— a highly popular event with 20 to 40 vendors of popular, rare, and unusual plants including natives, edibles, and trees. Attendees also enjoy local artists and on-site food vendors. 603 Green Spring Road, Alexandria, VA 22312 703.642.5173 (entrance across from Pinecrest Golf Course on Braddock Road) [www.fairfaxcounty.gov/parks/green-spring](http://www.fairfaxcounty.gov/parks/green-spring)

**Haven of Northern VA** is a nonprofit, nonsectarian community organization of trained volunteers that offers emotional support

to the bereaved, the seriously ill, the dying and to their families and friends.

**SIBLING LOSS WORKSHOP**, Saturday, May 18, 2024 from 10:00 a.m. - 3:30 p.m.

**IN-PERSON INDIVIDUAL SUPPORT:** *One-to-one sessions, Face-to-face, online or by telephone.* 4606 Ravensworth Rd, Annandale 703-941-7000 . [havenofnova@verizon.net](mailto:havenofnova@verizon.net)

**Kenwood School Open House:** On Saturday, May 4th, we are hosting an open house from 9 am to Noon. Located in the heart of Annandale, come visit us and take advantage of special offers. We are also taking reservations for our summer camp program. Sign up for one or more weeks as your schedule permits. Each week has a different theme and special field trips. 4935 Sunset Lane, Annandale. 703-256-4711 [www.kenwoodschool.com](http://www.kenwoodschool.com)

**Kona Ice of Annandale and Burke:** Whether planning a party, corporate event, or school activity, Kona Ice has the perfect event package for you served from our beautiful mobile truck! We also make FUNdraising simple - just tell us where to park and to whom we should write the check. It's that easy! Call 202-643-5113 or email Trung @ [dinh@kona-ice.com](mailto:dinh@kona-ice.com) to book a FUNomenal experience! More information can be found [www.kona-ice.com](http://www.kona-ice.com)

**Quality Electric Service Inc.** is a family owned business. We can take care of all your Residential Electrical needs in Northern VA. Please call us today at 703-642-1880 and ask about our discounts and specials. We are highly rated on Angie's List and Check Book Magazine. We also install and service Generac Generators..

**WISA Solutions:** Is your home in need of a makeover? Is it time to replace your roof? We offer a free estimate using a drone so you can see the state of your current roof while we walk you through your replacement options. Family run home town business for over 25 years with Annandale roots. [www.wisadc.com](http://www.wisadc.com) or 703-337-4344

**sweetFrog in Annandale** has been blessed with the overwhelming support from our community since we opened last June. We offer a variety of ice cream flavors with inside seating, outdoor front seating and now in our Secret Garden to the Gallows Road side of our building. Here you can enjoy summer time with your family. Join us soon for a Sweetfrog experience. 7002 Columbia Pike at Gallows Road in the Annandale Shopping Center. 703-559-3904.



## Kenwood Summer Day Camp

Pick Your Weeks, Extended Day, & Family Registration Available



At Kenwood Summer Day Camp the children not only go on exciting trips every day but also have a wide variety of activities to keep them entertained while they are at camp. When the campers arrive in the morning they are greeted by our friendly camp counselors and immediately go join their friends on our large, wooded playground. Our playground equipment is top notch but you will likely say goodbye to your child as they are running to join the basketball or kickball game in progress on the blacktop. As the day warms up the campers go in groups to one of our 5 themed rooms to cool off and play.

We offer fun activities for students from kindergarten to 8th grade.

### Fieldtrips Include

Pirate Cruise  
 Medieval Times  
 Adventure Times USA  
 Central Park Funland  
 Kings Dominion  
 Six Flags and much more!

### Gym

Basketball, volleyball, and relay races are played in a nice, air conditioned environment.

### Game Room

Board games, air hockey, Foosball tables, and a Wii with a projector.

### Art Room

Weekly arts & crafts projects to make and take home.

### Video Game Room

Jam packed with PlayStation consoles and lots of games to choose from.

4955 Sunset Lane, Annandale VA. 22003  
 703-256-4711 [admissions@kenwoodschool.com](mailto:admissions@kenwoodschool.com)

## Hapmudo Summer Day Camp

Good Old Fashion Games and Sports Activities for a Summer Full of FUN.



Summer Programs include well supervised field trips for swimming and many child friendly activities to promote health, social interaction, and just plain fun. YSL Hapmudo Studios of Annandale offers a 10 week Summer Camp Program with a wide variety of activities for students K-7th. Martial Arts, Sports, Crafts, Organized Games, Weekly themed camps, Swimming, Academics and more. Students have fun and learn a lot during the summer break in a healthy and positive environment. Space fills quickly, enroll now! We also have Spring/Winter Break camps available.

### Hapmudo Martial Arts Studio

7036 Columbia Pike, Annandale, VA 22003  
 703-750-3330 ~ [webmaster@hapmudo.net](mailto:webmaster@hapmudo.net)  
[www.HapmudoVA.com](http://www.HapmudoVA.com)  
[www.youtube.com/TeamYSL](http://www.youtube.com/TeamYSL)

202.643.5113



LET THE GOOD TIMES ROLL  
 KONA ICE OF ANNANDALE



## Year Round Farmers' Markets



### Farm Fresh Mosaic Market

2920 District Ave. Fairfax, VA (Mosaic District)  
Sundays 10 am—2 pm Year Round  
(202) 391-7353  
[www.freshfarm.org/markets/mosaic](http://www.freshfarm.org/markets/mosaic)

Located in the thriving shopping district of the Mosaic neighborhood in Fairfax, this family-friendly market is the perfect spot to shop for locally grown fruits and vegetables, mushrooms, grass-fed meats and pastured eggs, dairy products, ferments, sweet and savory baked goods, pastries, kombucha, cold-pressed juices, coffee, ice cream, prepared foods, handmade dog treats, and more!

### Falls Church Farmers Market

**City Hall Parking Lot -**  
300 Park Ave. Falls Church, VA 22046 . 703-248-5024  
[www.fallschurchva.gov/547/Farmers-Market](http://www.fallschurchva.gov/547/Farmers-Market)

#### Every Saturday Year Round

Saturdays 9:00 am - Noon Jan. - March  
Saturdays 8:00 am - Noon April-Dec.  
Market Mgr.: Jennifer Brady, [jwww.fallschurchva.gov/547/Farmers-Market](mailto:jwww.fallschurchva.gov/547/Farmers-Market)

Located just minutes from Annandale and Metro accessible from the east and west Falls Church Metro stations, Falls Church City's Farmers Market boasts more than 50 vendors during peak season and more than 40 during the winter months. The market strives to support local farmers while also helping protect the environment by reducing packaging and transportation demands.

## Seasonal Farmers' Markets



Organized by the Fairfax County Park Authority, the two Annandale Farmers' Markets offer a wide variety of freshly picked fruits, vegetables, herbs and cut flowers. There are also fresh eggs, baked goods, fresh pasta, honey, jam, teas and cider to purchase. Milk, cheese products and homemade ice cream, along with a wide array of meat products, round out the edible delights offered. If gardening is an interest, many vendors have small plants at the beginning of the season, while other vendors have larger landscape plants for those ambitious projects. Master Gardener Plant Clinic on site at both Mason District and Wakefield Park, to answer questions about plants in your landscape.

### Mason District Park

6621 Columbia Pike, Annandale, VA 22003 . 703-941-1730.  
Thursdays May 2 - November 14  
8:00 AM to NOON

**AVAILABLE AT THIS MARKET:** Annandale's Beanetics Coffee, it pies, cookies, sweet breads, gluten free baked goods, fruits, berries and vegetables galore, gifts, dried lavender, variety of teas, spices & spice mixes, veal, been pork, lamb, chicken, range free eggs, potted herbs and honey.

### Wakefield Park

8100 Braddock Road, Springfield, VA 22009  
**Wednesdays May 1- October 30**  
2:00-6:00 PM

**AVAILABLE AT THIS MARKET:** Breads, patisserie, homemade pies, French bread, slow grown healthy flavorful meat and eggs, apple butter, apple cider, & apple sauce, dried apples, jam & canned peaches, variety of salsa, dry and fresh herbs, mushrooms, herb plants, and numerous fruit, berry, and vegetable vendors.

## Earth Day Celebration

Sully Historic Site Bunny Activities, May 20, 2024

Discover how you can make an impact on family, community and planetary health through fun, hands-on activities, games and live music and educational entertainment. Engage your senses with craft beer and tasty local cuisine, a visit with your favorite furry farm friends, take the obstacle course challenge and more! Explore the opportunities and experiences available at this year's festival.

Meet WUSA9 Meteorologist Topper Shutt and WUSA9's award-winning Weather Team for some interactive fun!

- See what it's like to be an on-screen meteorologist and give a weather forecast in front of a green screen
- Check out ECO9 – Channel 9's hybrid broadcast truck

Get to know this destination! More commonly known as Sully Plantation, Sully Historic Site is both a Virginia landmark and nationally registered historic place in Chantilly, VA. An oasis of the past, Sully reflects the history of Fairfax County. Completed in 1799 by Richard Bland Lee, Sully's main house combines Georgian and Federal architectural aspects. Richard Bland Lee was Northern Virginia's first Representative to Congress and General Robert E. Lee's uncle.

Sully also includes original outbuildings, representative slave quarters, and gardens. Guided tours highlight the early 19th-century life of the Richard Bland Lee family, tenant farmers, and enslaved African-Americans. Programs reflect the history of Fairfax County through the 20th-century.

### Earthday Celebration

Sully Historic Site

3650 Historic Sully Way, Chantilly, VA 20151

Saturday, April 20, 2024 - 10 a.m. to 4 p.m.

703-437-1794

[www.fairfaxcounty.gov/parks/sully-historic-site/](http://www.fairfaxcounty.gov/parks/sully-historic-site/)



*Sully Historic Plantation*

## Arts Festival

Northern Virginia Fine Arts Fair May 18-19, 2024

Now in its 33rd year, the Tephra ICA Arts Festival (formerly titled the Northern Virginia Fine Arts Festival) will take place on May 18-19, 2024 at Reston Town Center. Over 200 contemporary artists and artisans will travel from across the country to present original handmade artwork to share with Festival audiences. Drawing upon a robust exhibitor and collector base coupled with Tephra ICA's contemporary art foundation, the Festival has become one of the region's most anticipated events, attracting tens of thousands of people to the unique, outdoor environment of Reston Town Center. The Festival is comprised of one-on-one experiences, performances, and special events leaving an exciting, thoughtful mark in the region.

Tephra Institute of Contemporary Art has produced this impressive fine arts festival since 1991. Participating artists uniformly view the festival as one of the best outdoor art festivals in the country and extend high praise to the level of hospitality they receive from volunteers and involvement from a community that appreciates the high quality of the art presented.

Festival attendees will enjoy viewing inspiring and innovative art in a wide variety of media, interacting directly with artists from around the country, and exploring their own creativity in the Family Art Park. Thanks to a dynamic partnership with Reston Town Center Association and Boston Properties, all interior streets in Reston Town Center are reserved for pedestrians only during the Festival. The resulting 11-block art walk features more than 200 of the nation's best artists and offers 30,000-plus art enthusiasts the opportunity to view and purchase original art directly from the participating artists.

### Northern Virginia Fine Arts Festival

Reston Town Center

11900 Market Street, Reston, VA 20191

May 18 & 19, 2024 - 11:00 a.m. – 6:00 p.m.

\$5 Suggested Donations for Adults

[www.tephraica.org/festival](http://www.tephraica.org/festival)

703-471-9242



*Image of Toll House Park, by R. Galindo  
copywrite Annandale Chamber of Commerce*



## Artisans United Gallery of Gifts



Artisans United, Inc., which officially began in 1988, is a non-profit organization serving as a network of and for artists. Currently comprised of members of various Guilds and independent local artists and crafts-people, its primary purpose is to preserve, promote, and develop the disciplines of visual arts and crafts.



Artisans United, Inc. is tasked with taking arts out into the community. To fulfill this mission, we have participated in craft demonstrations, classes, talks, and exhibits both at the Gallery and in schools, hospitals, nursing homes, and libraries. In addition, we have taken part in the Annandale Fall Festival and have worked with the Cub Scouts and the Lifetime Learning Institute (which is connected with the Northern Virginia Community College). And, we also promote a 'Christmas in July' event, inviting the public to join us in making holiday ornaments to be shared with the residents of the Katherine Hanley Shelter in Fairfax County.



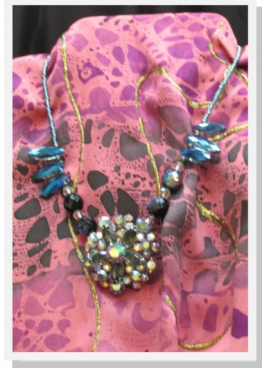
As a community resource, Artisans United, Inc. operates **The Craft Gallery of Artisans United** which is located just inside the front door of the Fred M. Packard Center in the Annandale Community Park off Hummer Road. Here the artists' creations are on display and may be purchased.



**The Craft Gallery of Artisans United** is a cooperative endeavor, staffed and run by the independent members of Artisans United, Inc. as well as those individuals belonging to the member Guilds. On a daily basis, visitors will find the Gallery artisans happy to explain crafting techniques and to share their knowledge of where craft materials may be obtained. And, too, visitors will often discover impromptu demos in progress as the artists complete their creations. We are always looking for new craftspeople to join our organization. If you are interested in joining us as a member artist, please ask at the front desk for a membership packet which explains the jurying in process, what is expected of you as a member of Artisans United.



If you are looking for gifts, please visit the Gallery where you will find an exceptional range of items appropriate for baby, wedding, mother's day, father's day, graduation and housewarming gifts, or a special treat for yourself. Gifts are very reasonable prices with the average cost of these fine artisan wares around \$35.



4022 Hummer Road, Annandale, VA 22003  
 (in the Annandale Community Park)  
 10-4 pm Tuesday through Saturday and 1-4 on Sunday  
 703-941-0202 . [www.augallery.org](http://www.augallery.org)



# Golf Fairfax Spring Pass Sale: Save Big and Win!

## Save Big and Win!

Fairfax County Park Authority



Prepare for the golf season with unbeatable discounts on rounds at all seven Golf Fairfax courses and a chance to win a free foursome round of golf. From March 21 to April 5, golfers can save on weekend and weekday passes at Burke Lake, Greendale, Jefferson, Laurel Hill (senior rounds only), Oakmont, Pinecrest and Twin Lakes golf courses.

Spring pass deals include:

- Get 10% off 5 rounds, 20% off 10 rounds and 25% off 15 rounds. Pass savings are based on regular greens fees.
- Senior golfers, save up to 35% off weekday rounds and receive the 15th round for free with the purchase of 14 rounds.
- Passes are available for 9 or 18 holes, for both weekend or weekday rounds.
- Golf passes are valid at the course where it was purchased for two years after the date of purchase.

New this year, each course will be selecting one lucky winner to receive a free foursome round of golf at the winner's course. Every customer who purchases rounds during the sale will be automatically entered to win!

Visit participating golf pro shops to purchase your passes.

### Spring Pass Sale

Stock up and Save! Spring Golf Rounds Passes on Sale!  
March 21-April 5

### Pass Savings (Regular Greens Fees)

- 10% off 5 Rounds
- 20% off 10 Rounds
- 25% off 15 Rounds

### Pass Savings (Senior Rounds)

- Save up to 35% off weekday Rounds

- Buy 14 rounds and get the 15th free!  
Rounds are good for 2 years for greens fees only at course purchased.
- Weekdays/Weekends vary per course.

Discounts apply to weekend/weekday rounds at Burke Lake, Greendale, Jefferson, Laurel Hill (Senior rounds only), Oakmont, Pinecrest and Twin Lakes golf courses.

For more information on the Spring Golf Pass Sale, visit [www.fairfaxcounty.gov/parks/golf/passes](http://www.fairfaxcounty.gov/parks/golf/passes)

**For more questions about the golf round passes, please contact:**

Burke Lake	703-323-1641
Greendale	703-971-6170
Jefferson	703-573-0444
Laurel Hill	703-493-8849
Oakmont	703-255-5390
Pinecrest	703-941-1061
Twin Lakes	703-631-9099



**shepherd's center**  
OF ANNANDALE SPRINGFIELD

**Free transportation for Annandale-Springfield seniors to local medical appointments**

7610 Newcastle Drive • Annandale 22003  
703-941-1419 • [shepherdsccas@vacoxmail.com](mailto:shepherdsccas@vacoxmail.com)

Brandon L. Yeckel  
Funeral Director



### Demaine Funeral Home

5308 Backlick Road  
Springfield, VA 22151  
703-941-9428

Fax 703-658-5123

[Brandon.Yeckel@DignityMemorial.com](mailto:Brandon.Yeckel@DignityMemorial.com)



**FALLS CHURCH HIGH SCHOOL**

# JAGUAR

**5K RUN/WALK & 1 MILE FUN RUN**  
SATURDAY APRIL 27, 2024

<b>LOCATION</b>	<b>TIME</b>
FALLS CHURCH HIGH SCHOOL 7521 JAGUAR TRAIL FALLS CHURCH, VA	8:00AM FUN RUN 8:30AM 5K
<b>CONTACT</b>	<b>REGISTER</b>
RACE DIRECTOR; BEBE KIM FCJAGUAR5K@GMAIL.COM	WWW.JAGUAR5K.COM

5K RUN/WALK FEE BEFORE 3/31 **\$30**

FUN RUN FEE **\$20**


RACE DAY FEE **\$50**


ESPAÑOL 


SCAN FOR DETAILS 




Get a workout that works for you!


 703-951-7111

 connectionwellnesscenter.com

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High Quality Personal and Group Training



**AUMC Weekday Preschool & Early Learning Program**

A Beacon of Light for Children, Families, & Community

Website: [www.annandalechurch.com/preschool](http://www.annandalechurch.com/preschool)



The ABGC is proud to provide the opportunity for so many Annandale youth and their families to enjoy their Spring season on the field and on the court. Here are some of our programs now underway:

- Soccer
- Baseball
- T-Ball
- Lacrosse
- AAU Basketball

## Spring is Here

Join the Action  
at the  
Annandale Boys & Girls Club

ABGC is committed to provide our kids with the best community youth sports organization in the state.

We never turn away a participant in financial need and serve thousands of youth each year thanks to our committed volunteer coaches and supporters. *You* can help.

**Volunteer  
Donate  
Register**

**[www.abgc.org](http://www.abgc.org)**



**SAVE THESE DATES:**

**Tuesday, August 6, 2024: National Night Out** at the Annandale Shopping Center, Columbia Pike at Gallows Rd. Free Family Fun 6-9 pm

**Saturday, October 26, 2024: The Annandale Parade 10 am to- Noon**  
Registration forms are now available on the Chamber's website.  
Please send your registration ASAP to secure the best spots.



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Calling on all Classic Cars to Participate

**The Annandale Parade**

**Saturday, October 26, 2024**  
**10:00 AM - Noon**



**WATCH THE FUN**  
**Columbia Pike**

[www.annandalechamber.com](http://www.annandalechamber.com)

Event organized by the Annandale Chamber of Commerce. The Annandale Parade will be accessible to people with disabilities.

Scouts    Fire Trucks    Antique Cars    Clowns

Dancers    Marching Bands    Storybook Characters